

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2025

<p>9:30 Fun & Fitness 10:00 Bingo 11:00 Word Game 1:30 Spring Flowers 3:00 Movie in the lounge 3:30 Friendly Visits</p> <p style="text-align: right;">2</p>	<p>11:00 Ambulation 1:1 12:45 Full body Exercise 1:00 Volleyball 2:30 Hidden words 3:30 Bean bag toss 5:45 Karaoke oldies</p> <p style="text-align: right;">3</p>	<p>9:30 Fun & Fitness 10:00 Noodle Soccer 11:00 1:1 Visits 1:30 Fun with Words 2.30 Catch the Fish 3:30 Rebus Puzzles</p> <p style="text-align: right;">4</p>	<p>9:30 Fun & Fitness 10:00 Word Game 11:00 Ball Exercise 11:15 1-1 Visits 1:30 Making Nachos 2.30 Paper Garland O' Shamrocks 3:30 Beauty Time 5:30 Karaoke Night</p> <p style="text-align: center;">Mardi Gras</p> <p style="text-align: right;">5</p>	<p>9:30 Fun & Fitness 10:00 Trivia 11:00 Wonders of Scotland 11:15 1-1 Ball Toss 12:45 Mindfulness Coloring 1:30 Bowling 2.30 Puzzles 3:00 Eye Glass Clinic 3:30 I love Lucy 5:30 Bowling with other units on 2 East</p> <p style="text-align: right;">6</p>	<p>9:30 Fun & Fitness 10:00 Sing along 10:30 Noodle Soccer 11:15 Morning Strolls 12:45 Reminiscing 1:30 Ring Toss 2.30 Word Game 3:00 1:1 Stretches 3:30 Friendly Visits 5:30 Movie and Treats on 4 West</p> <p style="text-align: right;">7</p>	<p>9:30 Comedy Hour 10:30 Fun & Fitness 11:00 March Facts 1:30 Bowling 2:30 Board Games 3:00 1:1 Visits 3:30 Hand Massage</p> <p style="text-align: right;">1</p>
<p>11:15 Fitness Class (Lower Body) 1:30 Bingo 2:30 1-1 Visits 3:00 Golf Game 4:00 Reading Short Stories 5:30 Movie Time with Snacks</p> <p style="text-align: center;">Daylight Saving Time Begins</p> <p style="text-align: right;">9</p>	<p>9:30 Fun & Fitness 10:00 Documentary 11:00 Daily Chronicles 1:30 Card Games 2.30 Short Stories 3:30 1:1 Visits</p> <p style="text-align: right;">10</p>	<p>9:30 Fun & Fitness 10:00 Musical Game 11:00 Trivia 1:30 Bingo 2.30 I love Lucy 3:30 Music Concert</p> <p style="text-align: right;">11</p>	<p>11:15 1-1 Visits 1:30 (Arts&Crafts) Lil' Leprechaun Pin 2:30 Ball Toss 3:00 Card Game (Crazy 8's) 5:30 Horse Derby with 4E</p> <p style="text-align: right;">12</p>	<p>8:30 Special Breakfast 10:00 Word Game 11:00 Coloring with Music 11:15 Morning Strolls 12:45 Name The Singers' 1:45 Fancy Nails 2.30 Card Games 5:30 Card games on 5 West</p> <p style="text-align: center;">Purim Begin</p> <p style="text-align: right;">13</p>	<p>9:30 Fun & Fitness 10:00 Table Talks 10:30 Price is Right 11:00 Andre Rieu Concert 1:30 Crazy Eights 2.30 Refreshing Drink 3:30 Coloring to Music</p> <p style="text-align: right;">14</p>	<p>11:15 Fitness Class (Upper Body) 1:30 Riddles & Trivia 2:30 Travel to Spain 3:00 Bowling 5:30 Card Game (UNO)</p> <p style="text-align: right;">8</p>
<p>9:30 Fun & Fitness 10:00 Sing Along 11:00 Comedy Hour 1:30 Bingo 3:00 Movie with Popcorn 3:30 Friendly Visits</p> <p style="text-align: right;">16</p>	<p>9:30 Fun & Fitness 10:00 Word Search 10:30 Catch the fish 1.30 Bowling 2:30 Puzzles & Colors 3.30 1:1 Visits</p> <p style="text-align: center;">St. Patrick's Day</p>  <p style="text-align: right;">17</p>	<p>9:30 Fun & Fitness 10:00 Horse Derby 11:00 Comedy Show 1:30 Card Games 2.30 Beauty Time 3:30 Reading Group</p> <p style="text-align: right;">18</p>	<p>10:30 Walmart Outing 11:15 Daily Chronicles 11:30 Fun and Fitness 12:45 Afternoon Bowling 3:00 1:1 Visits 5:30 Evening Bingo</p> <p style="text-align: right;">19</p>	<p>9:30 Fun & Fitness 10:00 Spring Creations 11:00 Short Stories 1:1 1:30 Mini Bingo 2.30 Board Games 3:30 Ball Toss</p> <p style="text-align: center;">Spring Begins</p> <p style="text-align: right;">20</p>	<p>9:30 Fun & Fitness 10:00 Scrabble Words 11:00 Music Concert 1:30 Riddles 2.30 Rebus Puzzles 3:00 Card Game (UNO)</p> <p style="text-align: right;">21</p>	<p>11:15 Move & Groove 1:30 Noodle Soccer 2:30 Trivia 3:00 Movie Character Guess Who? 5:30 1-1 Visits</p> <p style="text-align: right;">22</p>
<p>11:15 Fitness Class 1:30 Spelling Bee 2:30 Coffee Time 3:00 Bingo 4:00 1-1 Visits 5:30 Guess the Country</p> <p style="text-align: right;">23</p>	<p>9:30 Fun & Fitness 10:00 Bowling 11:00 Rebus Puzzles 1:30 Trivia 2:00 Sing Along With Judy And Robin 3:00 Travelogue: Netherlands</p> <p style="text-align: right;">24</p>	<p>9:30 Fun & Fitness 10:00 Noodle Soccer 11:00 Finish the Lyrics 1:30 Catch the Fish 2.30 Travelogue 3:00 Fancy Nails</p> <p style="text-align: right;">25</p>	<p>11:15 Daily Chronicles 11:30 Morning Stretch 12:45 Mindfulness Coloring 1:30 Bingo 3:00 1:1 visits 5:30 Karaoke on 4 East</p> <p style="text-align: right;">26</p>	<p>8:30 Special Breakfast 10:00 Art & Crafts 11:00 1:1 Visits 1:30 Board Games 2.30 Puzzles 3:30 Card Game (UNO)</p> <p style="text-align: right;">27</p>	<p>9:30 Fun & Fitness 10:00 Let's Bake 11:00 Daily Chronicles 1:30 Ring Toss 2.30 Taste Testing 3:00 Discussion Group 3:30 1:1 Visits</p> <p style="text-align: right;">28</p>	<p>9:30 Fun & Fitness 10:00 Who am I? 11:00 Walk & Talk 1:30 Catch the Fish 2.30 Board Game 3:00 Friendly Visits</p> <p style="text-align: right;">29</p>



2 East March 2025