

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:45- Beach Ball Game 10:15- Cranium Crunch 11:00- Music Time 1:45- BINGO with 4West 2:30- Winners Treat 3:30- Weekend Movie Time</p>	<p>9:45- Exercise Time 10:15- Bowling 11:00- News of the Day 1:45- Colouring to Music 2:30- Socializing Time 3:00- Tea Time</p> 	<p>9:45- Move and Groove 10:15- Horse Derby 11:00- Funny Video 1:45- Table Tennis 2:30- Documentary on Christmas</p>	<p>2:30- MUSIC w ROBERT</p> 	<p>8:30-SPECIAL BREAKFAST 10:15- Noodle Soccer 11:00- Music Time 1:45- Nails Care Time 2:30- Documentary</p> 	<p>9:45- Lets Stretch 10:15- 1:1 Visits 11:00- Word Search 1:45- Comedy Show and Snacks 2:30- Walk on wheels</p> 	
	<p>9:45- Move and Groove 10:15- Cranium Crunch 11:00- Funny Videos</p> <p>2:30- B-DAY PARTY w BILL</p>	<p>9:45- Exercise Time 10:15- Bowling 11:00- Beats and Steps 1:45- Arts and Crafts 2:30- Lets Décor 3:30- Movie Time</p> <p>6:00- X-MAS LIGHT BUS TOUR</p>	<p>9:45- Lets Stretch 10:15- Word Game// Nails Care 11:00- What's New around 1:45- Social Hour 2:30- Name That Tune 3:30- It's Time to Disco</p>		<p>9:45- Exercise Class 10:15- Colouring to Music 11:00- T.V Show 1:45- Arts and Crafts 2:30- Lets Décor 3:30- News of the Day</p>	<p>9:45- Lets Stretch out 10:15- Decoration for the party 11:00- Musical us</p> <p>1:30- CHRISTMAS PARTY</p>
<p>9:45- Beach Ball Game 10:15- Guided Meditation 11:00- Christmas Music 1:45- BINGO with 4West 2:00- CHRISTMAS CAROLERS 2:30- Winners Treat 3:30- Weekend Movie Time</p>	<p>9:45- Lets Make Ginger Bread House</p>  <p>6:00- LIGHTS AFTER DARK</p>	<p>9:45- I like to Move!! 10:15- December IQ 11:00- Documentary</p> <p>2:30- MUSIC w ROSANNE</p>	 <p>2:30- BELL CHOIR CONCERT</p>	<p>8:30-SPECIAL BREAKFAST 10:15- Noodle Soccer 11:00- Music Time 1:45- Nails Care Time 2:30- Documentary</p>	<p><u>PAJAMA DAY</u> 9:45- Lets Stretch 10:15- 'And' That's that 11:00- Pajama Show Time 1:45- Pajama party 2:30- Hot Chocolate and Music 3:30- T.V Show</p>	 <p>2:30- MUSIC w DOUG</p> <p>Winter Begins</p>
	<p>9:45- I like to move it!! 10:15- Word Search 11:00- Lets prepare for Baking 1:45- Baking- Ginger Bread 2:30- Taste Test 3:00-Trivia on ginger bread</p>	<p>9:45- Meditation Time 10:15- Guided Yoga 11:00- Word on Board 1:45- Preparing Christmas day treat 2:30- Taste test 3:00- Name that Tune</p>	<p>CHRISTMAS GIFT GIVING</p> <p>** HOLIDAY MUSIC ** (OPENING GIFTS W RESIDENTS)</p>  <p>Hanukkah Begins Christmas</p>	 <p>Boxing Day (Canada) Kwanzaa</p>	<p>9:45- Move and Groove 10:15- Words Search 11:00- Musical Hour 1:45- Memories of 2024 2:30- Hot Chocolate and Marshmallows 3:30-</p>	<p>9:45- I Like to Move!!! 10:15- Paper Poinsettias 11:00- Funny Video 1:45- Movie and Pop-Corns 2:30- Lets Recall our 2024</p>
<p>9:45- Beach Ball Kick 10:15- Hand Massages 11:00- Rock and Roll 1:45- BINGO with 4West 2:30- Young at Heart 3:30- Weekend Movie Time</p>	<p>9:45- Move and Groove 10:15- Word Wordy 11:00- Win or lose 1:45- New Year Crafts 2:30- Lets Recall our 2024</p>	<p>9:45- I like to Move!! 10:15- 2024 Games 11:00- 2024=Brighter side 1:45- Cheesy Nachos and New Year Movie 3:30- Memories of 2024</p> <p>New Year's Eve</p>	<h1>DECEMBER</h1> <h2>4EAST</h2>			