

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 December Calendars and Chats 10:00 Card Games 11:00 Christmas Decorating 1:30 Horse Derby 2:30 1-1 Visits 3:30 Movie Time</p>	<p>2</p> <p>11:15 Fitness class upper body 1:00 Trivia 2:00 Volley Ball 4:00 Young Sheldon show 6:00 1:1 Visits</p>	<p>3</p> <p>11:15 Move and Groove 1:00 Scramble Word Game 2:00 Squeez the Ball 4:00 Snake & Ladder 6:00 Ambulation/R.O.M</p>	<p>4</p> <p>11:15 Fitness class lower body 1:00 Coloring to Classic Music 2:30- MUSIC w ROBERT 4:00 1-1 Visits 5:45 Don't melt the snow man</p>	<p>5</p> <p>11:15 Yoga 1:00 1:1 Interview: What is the best advice you can give me? 2:00 Craft- Gift wrapping/ X-mas music 4:00 Riddles 5:45 Movie time- Classics</p>	<p>6</p> <p>11:15 Body awareness 1:00 Horse Derby 2:00 Word games 4:00 Horoscopes 5:45 Reading Stories</p> 	<p>7</p> <p>9:30 Fun & Games 10:00 Sit and shoot-basketball 11:00 Dance 60' hits 1:30 Body awareness 2:30 Noodle soccer 3:30 Trivia</p>
<p>8</p> <p>9:30 Fitness R.O.M full body 10:00 Video the Animal kingdom 1:15 X-MAS Craft Ornaments 2:30 Trivia 3:30 Bike sessions</p>	<p>9</p> <p>11:15 Sit & Fit 1:00 Coloring to Music 2:30- B-DAY PARTY w BILL 4:00 Hymn & Sing 5:45 Giant Word Search</p> 	<p>10</p> <p>11:15 Sit and Fit 1:15 Name that Tune 2:00 Bowling 4:00 Tuck Cart Travel 5:45 Riddles 1:1 6:00- X-MAS LIGHTS TOUR</p> 	<p>11</p> <p>11:15 Move and Groove 1:00 Pass the Ball 2:00 Word Puzzle 4:00 Bingo 5:45 Movie Time</p> 	<p>12</p> <p>Morning Program Christmas Concert on TV</p> <p>Afternoon Program Funniest Video On TV</p>	<p>13</p> <p>8:30 SPECIAL BREAKFAST 9:30 Move and Groove 10:00 Pong Toss 11:00 Board Games 1:30 Don't melt the snow man 2:30 X-Mas Mega bingo 3:30 Reading Stories</p>	<p>14</p> <p>9:30 Baking - cookies 10:00 Trivia 11:00 Dance 60' hits 1:30 Fried green tomatoes 2:30 CHRISTMAS PARTY 2 WEST! 3:30 Movie Time</p> 
<p>15</p> <p>Morning Program Comedy Show</p> <p>Afternoon Program Funniest Video On TV</p>	<p>16</p> <p>11:15 Sit & Fit 1:00 Color Game 2:00 Sensory Touch 1:1 4:00 Ambulation/Physio 6:00 LIGHTS AFTER DARK</p> 	<p>17</p> <p>11:15 Yoga 1:00 Holiday Card Making 2:30 MUSIC w ROSANNE 4:00 Ring Toss 5:45 1-1 Visits</p>	<p>18</p> <p>11:15 Full Body Exercise 1:00 Arts & Crafts (Christmas) 2:30- BELL CHOIR CONCERT 4:00 1-1 Visits 5:45 Movie Time</p>	<p>19</p> <p>11:15 Dance Exercise 1:00 Mega Bingo 2:00 Holiday Card Making 4:00 Hymn and Sing 5:45 1-1 Visits</p> 	<p>20</p> <p>11:15 Dynamic Exercise 1:00 Board Game (Snake & Ladder) 2:00 Color Game 4:00 Ambulation/Physio 5:45 Movie with Popcorn</p>	<p>21</p> <p>9:30 Comedy Show on TV 10:00 Word Game 11:00 Baking Cheesy Pizza 1:30 Friendly Visits 2:30- Young at Heart 3:30 Ambulation/Physio</p> <p>Winter Begins</p>
<p>22</p> <p>9:30 Comedy Show on TV 10:00 Word Game 11:00 Baking Cheesy Pizza 1:30 Friendly Visits 2:00- Christmas Carolers(Auditorium) 3:30 Ambulation/Physio</p>	<p>23</p> <p>11:15 Dance with Music 1:00 Horse Derby 2:00 Tic Tac Toe 3:00 X-mas Carols Sing A Long 6:15 1-1 Visits</p>	<p>24</p> <p>11:15 Move and Groove 1:00 Bowling 2:00 Christmas Movie 4:00 Arts and Crafts (Snowman) 5:45 Movie Time</p>	<p>25</p> <p>CHRISTMAS GIFT GIVING ** ALL DAY ** ** HOLIDAY MUSIC ** Hanukkah Begins Christmas</p> 	<p>26</p> <p>Morning Program Comedy Show Andy Girth</p> <p>Afternoon Program Funniest Video On TV</p> <p>Boxing Day (Canada) Kwanzaa</p>	<p>27</p> <p>8:30 SPECIAL BREAKFAST 9:30 Move and Groove 10:00 Pong Toss 11:00 Board Games 1:30 Don't melt the snow man 2:30 X-Mas Mega bingo 3:30 Reading Stories</p>	<p>28</p> <p>9:30 Lower Body Exercise 10:00 Word Puzzle 11:00 Pong Toss 1:30 Hymn & Sing 2:30 Sensory Touch 3:30 Movie Time</p> 
<p>29</p> <p>9:30 Upper Body Exercise 10:00 Coloring to Music 11:00 Trivia 1:30 Noodle Soccer 2:30 Card Game 3:30 Ambulation/Physio 1:1</p>	<p>30</p> <p>11:15 Word Game (Hang Man) 1:00 Cheesy Nachos 2:00 Sensory Touch 4:00 Ball Toss 5:45 1-1 Visits</p>	<p>31</p> <p>11:15 Sit & Fit 1:00 Bingo 2:00 Beauty Time 4:00 Tuck Cart 1-1 5:45 Ambulation/Physio</p>  <p>New Year's Eve</p>	 <p>DECEMBER 2024</p> <p>2 WEST</p>			

Full Time Staff: Heather, Kai, & Belen (Eve)