

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>9:30- Calendars for July 10:30- Holland Landing SDA Service 1:45- Canada Day Trivia Competition 3:00- Canada Day Social 3:30 Tuck Cart</p> 	<p>2</p> <p>9:30- Morning Stretch 10:00-OT/PT Student-Led Program (Auditorium) 11:00- Funny Videos 2:00 Critter Visits - Courtyard 3:15 Summer Drinks and Chats- Smoothie Special</p>	<p>3</p> <p>9:30 Morning Prayers 2:30 Music with Jack</p> 	<p>4</p> <p> 8:30- SPECIAL BREAKFAST 3E 4E 2E 10:30- Stretch yourself 11:30- Let's walk to dining room 1:30- Hangman 2:15- Walk and chat Independence Day (US)</p>	<p>5</p> <p>9:30- Plant Earth Documentary 2:00-Young at Heart (2E,4E,5W)</p> 	<p>6</p> <p>9:30 Morning Prayers 1:30 Residents Choice</p> 
<p>7</p> <p>11:00- Funny Videos 1:30 The Love Boat</p> 	<p>8</p> <p>10:00- WALMART OUTING 11:00- WALMART OUTING 2:00- Coloring to Music 3:00- Tuck Cart</p>	<p>9</p> <p>9:15- Relaxing and Meditate 10:00-OT/PT Student-Led Program (Auditorium) 11:15- Music and Beats 1:45-Arts and Crafts 3:15 Summer Drinks and Chats- Iced Coffee</p>	<p>10</p> <p>9:45- Seated Zumba 10:15- Coloring to Music 11:00- 1:1 visits 1:30- Old sayings 3:00- Music Concert 4:00- Movie Time</p> 	<p>11</p> <p>9:30 Carol Burnett Show 1:30 Musical Concert</p> 	<p>12</p> <p>9:30- Scottish Chair Dance 10:15- Parachute Group 11:00- Music Time 1:45- Coloring to Music 2:45- Nails care time 3:30- 1-1 Visits (Sandwich Ice-cream)</p>	<p>13</p> <p>9:30- Seated Zumba 10:00- Word and US 11:00- Resident Choice 1:30- Piccolo Pronzo 4w,4e and 5w 3:00 Saturday Club</p>
<p>14</p> <p>9:45- Move and Groove 10:15- Pro in words 11:00- Music and dance 1:45- Bingo 2:30- Ice-Cream Social 3:15- Power of Hour</p>	<p>15</p> <p>9:30- Morning Stretch 10:30- Holland Landing SDA Service 1:45- Arts and Craft 2:30- Socializing Hour 3:00- Tuck Cart</p>	<p>16</p> <p>10:00-OT/PT Student-Led Program (Auditorium) 11:15- Music and Beats 1:30- Words and Us 2:00-Young at Heart (2W,3W,4W) 2:00- Summer Drinks and Chats- Fruit Punch and Snacks</p>	<p>17</p> <p>9:30- Funny Videos 1:30- Movie Time</p> 	<p>18</p> <p>8:30- SPECIAL BREAKFAST 2E 3E 4E 10:30- Steps on Beats 11:30- Let's Walk to Dining Room 1:30- RESIDENT COUNCIL 2:00- FOOD COMMITTEE</p>	<p>19</p> <p>9:30- Move and Groove 10:00- Bowling 11:15- Music and Beats 2:30- Birthday Party with Robert 3:30- Ice-cream Social</p>	<p>20</p> <p>9:30- Animals and Us 1:30- Movie Time</p> 
<p>21</p> <p>9:30- Funny Videos 1:30- Movie Time</p> 	<p>22</p> <p>9:30- Sit and Be Fit 10:30- Holland Landing SDA Service 1:45- Bowling 2:45- Name that Tune 3:15- Tuck Cart 3:30- Movie Time</p>	<p>23</p> <p>10:00-OT/PT Student-Led Program (Auditorium) 11:00- Words and Us 2:30- Sing-A-Long w/ Bill 3:45- 1-1 Visits</p>	<p>24</p> <p>9:45- Noodle Soccer 10:30- Music and Noodle Dance 11:00- Funny Video 1:45- 5 Second Rule-Game 2:30- Summer Drinks and Chats-</p>	<p>25</p> <p>9:30- I Love Lucy 1:30- Documentary</p> 	<p>26</p> <p>9:45- Ball Exercise 10:15- Badminton 11:00- Animals and us 1:45- Nails care time 3:15- Coffee Social</p>	<p>27</p> <p>9:30- Seated Zumba 10:00- Seated Tennis 11:00- Journey to pet Animals 1:30- Baking 3:00 Saturday Club</p>
<p>28</p> <p>9:45- Move and Groove 10:15- Pro in words 11:00- Music and dance 1:45- Baking 2:30- Ice-Cream Social 3:15- Power of Hour</p>	<p>29</p> <p>9:30- Sit and Be Fit 10:30- Holland Landing SDA Service 1:45- Bowling 2:45- Name that Tune 3:15- Tuck Cart 3:30- Movie Time</p>	<p>30</p> <p>10:00-OT/PT Student-Led Program (Auditorium) 11:00- Documentary 1:45- 1-1 Visits 2:00 - Music w/ Doug Inglis (location TBD)</p>	<p>31</p> <p>12:00- 4E BBQ 9:30- Exercise Class 2:00- 5 Second Rule-Game 3:00- Ice-cream Social</p> 	<p>4EAST</p>		<p>4EAST</p>