

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

2 East

10:30 Church Service in Chapel (SDA) 1
 11:30 Calendar's Go Up
 1:45 Canadian Short Stories
 2:15 Canadian Goodies
 3:00 Canadian Music

Canada Day

2 10:00 OT / PT Program in auditorium

 2:00 Critter Visit in the courtyard

3 9:30 Ambulation
 10:00 All About July
 10:30 Dog Days of Summer
 11:30 Walk and Talk
 2:30 Music with Jack

4 8:30 Special Breakfast
 10:30 Word Game
 11:15 Walk and Talk
 1:45 Arm Chair Travel across Canada
 2:30 Ambulation

5 9:30 ROM
 10:00 BINGO in the dining room
 11:15 Ambulation
 2:00 Young At Heart

6 10:00 Chat's in the Lounge

 2:00 Afternoon Movie

7 10:00 Music in the Lounge

 2:00 Resident's Choice

8 Wal Mart Trip
 10am till 2pm

9 10:00 OT / PT Program in auditorium
 10:00 Coffee Time
 10:15 Word Game
 11:30 Ambulation
 1:45 Courtyard Visits
 3:00 Horoscopes 1 to 1

10 9:30 Let's Move
 10:00 Would You Rather
 11:30 Walk and Talk
 2:30 Bell Choir Concert in auditorium

11 9:30 Noodle Soccer
 10:00 Scottish Opener
 10:45 World Population Day
 11:30 Ambulation
 1:45 Daily Chronicles
 2:30 Sundae Day
 3:15 Friendly Visits

12 10:00 Music in the lounge

 2:00 Movie

13 10:00 Ambulation
 10:30 Courtyard Visits
 11:30 Friendly Visits
 1:45 Let's play Yahtzee
 2:30 Coffee Social
 3:00 Horoscopes

14 10:00 Bible Study and Hymns
 10:45 Spa Time
 11:30 Ambulation
 1:45 Afternoon at the Movies
 2:30 Taste Test
 3:15 Daily Chronicles

15 10:30 Church Service in Chapel (SDA)
 1:45 I Spy on the Balcony
 2:30 Walk and Talk
 3:00 News and Views

16 10:00 OT / PT Program in auditorium

 2:00 Resident's Choice

17 9:30 Fitness Class
 10:00 BINGO on unit
 11:30 Ambulation
 1:45 Poetry in Motion
 2:30 Let's Chat
 3:00 Let's Stretch

18 8:30 Special Breakfast
 10:00 Trivia
 11:00 Ambulation
 1:30 Resident's Council
 2:00 Food Committee

19 9:30 Let's Stretch
 10:15 Beauty Hour
 11:30 Ambulation
 2:30 Birthday Party with Robert

20 10:00 Planet Earth

 2:00 Music in the lounge

21 10:00 Name The Tune
 1:30 Afternoon at the Movies

22 10:30 Church Service in Chapel (SDA)
 1:45 Short Stories in the Lounge
 2:30 Massage Time
 3:00 Ambulation

23 10:00 OT / PT Program in auditorium

 2:30 Sing a Long with Bill

24 9:30 Let's Stretch

 Noon BBQ in Courtyard

 2:00 Tell a Joke Day
 3:00 Toe Tapping Music Time

25 9:30 Move and Groove
 10:15 History of the Olympics and Facts
 11:00 Crafts
 1:45 Yahtzee Time
 2:30 Reminiscing Time
 3:00 Ambulation

26 10:00 Family Feud

 2:00 Funny Video's

27 10:00 Music in the lounge

 2:00 Resident's Choice

28 10:00 Bible Study and Hymns
 10:45 Spa Time
 11:30 Ambulation
 1:45 Short Stories
 2:15 Social Visits
 3:00 Let's Stretch

29 10:30 Church Service in Chapel (SDA)
 2:00 Music Extravaganza with Athena and Carmen

30 10:00 OT / PT Program in auditorium

 2:00 Music with Doug

31 9:30 Noodle Soccer
 10:15 Bingo on unit
 11:30 Ambulation
 1:45 Olympics up date
 2:30 Colouring to Music
 3:00 Daily Chronicles

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